

Central Lake Family Networking Nights

Education & Support for Parents & Providers

Parenting the Theraplay Way

THURSDAY, FEBRUARY 21, 2019

Central Lake High School
8190 W. State St. • Central Lake

Dinner & Networking - 5:15 p.m.
Presentation from 6:00 p.m. - 7:15 p.m.

- ★ **Child care will be provided.**
- ★ **There is no charge for this event.**
- ★ **Space is limited. Registration by February 15 is required.**

Presenter:

Corey Berden is Northwest Michigan Community Action Agency's Early Head Start Manager. She holds a Bachelor of Science Degree in Sociology and Family Studies from Central Michigan University and has spent her career serving home visiting programs that focus on family strengths. After being introduced to Theraplay in a day long training, she attended a four day training to have a better understanding of how Theraplay can support positive parent-child relationships. Theraplay techniques assist Early Head Start staff in strengthening family relationships and attachment. Since completion of the Theraplay training, she has been able to share this approach through short trainings and daily conversations with home visitors to better support the families that Early Head Start serves.

Are you a busy parent or caregiver of a young child? Do you wish you had more tools to maximize your time with your

children? Come learn about Theraplay, a technique that focuses on improving caregiver-child interactions to foster emotional and physical closeness through play and games. Children are encouraged to attend this session with their caregivers to practice in a safe and welcoming environment. We will also have a drawing for two Theraplay books at the end of the session.



Register online at www.greatstartforkids.com (click on the Central Lake tab) or call 231.582.8070

Central Lake Family Networking Nights are sponsored by the Great Start Collaborative / Parent Coalition, Central Lake Public Schools, and the Charlevoix-Emmet Intermediate School District. Financial support for these events come from the Community Foundation Cleo M. Purdy Endowment and Michigan's Office of Great Start.



Central Lake Public Schools

