

# Parenting with Love and Logic®

Love allows children to grow through their mistakes.  
Logic allows children to learn from the consequences of their choices.

## Location:

Central Lake High School  
8190 W. State St. | Central Lake

## Dates/Time:

- October 10, 2017
- November 7, 2017
- December 5, 2017
- January 9, 2018
- February 6, 2018
- March 6, 2018

5:45 pm - Dinner & Networking  
6:15 pm - Speaker  
7:15 pm - Q & A

## Presenter:

**Cindy Garwood** has been a parent for 30 years and a Love and Logic instructor since 2007. She enjoys spending time with her family, outdoor activities, and reading. Cindy is a social worker who has specialized in the areas of communication skills, conflict resolution, substance abuse prevention, and most recently restorative justice/restorative practices. Over the years she has seen first hand and heard from past class participants how Love and Logic has changed and enriched the lives of so many families.

A private Facebook page will be shared with participants of this series and Cindy will be available to answer your questions and give additional supportive material between classes. This page will also serve as a forum for discussion and support among parents.

- ★ **Child care will be provided.**
- ★ **There is no charge for this event.**
- ★ **Space is limited. Registration is required.**

*It is highly recommended that you attend ALL the sessions, as the content will build from one month to the next.*



Would you like to be a more effective parent, have less stress, more fun, and more confidence raising your children?

Join us for a six-week series dedicated to making parenting and teaching fun and rewarding, instead of stressful and chaotic.

## Some topics that will be covered include:

- Handling misbehavior without breaking a sweat
- Techniques to put an end to exhausting whining and arguing
- Avoiding power struggles
- How to stay calm and use tools that end battles over chores, homework, eating, and more
- Teaching your kids to solve their own problems
- How to help your child take responsibility for their choices and become more self-reliant
- Limits create happier parents, happier kids, and happier families
- How to set loving limits while staying connected to your child
- What to do when your kids leave you speechless

Register online at [www.greatstartforkids.com](http://www.greatstartforkids.com) (click on the Central Lake tab) or call 231.582.8070

Early Childhood Networking Nights are sponsored by the Great Start Collaborative, Central Lake Public Schools, and the Charlevoix-Emmet Intermediate School District. Financial support for these events come from the Community Foundation Cleo M. Purdy Endowment and Michigan's Office of Great Start.